

# HEART OF WORSHIP DANCE STUDIO

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## DANCER & FAMILY HANDBOOK

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www.howds.org 810-282-5908

*Changing lives with an 8 count!*

DEAR DANCER AND FAMILY,

WELCOME! FROM THE BOTTOM OF MY HEART, I WELCOME YOU INTO OUR DANCE FAMILY. I LOOK FORWARD TO FUN TIMES, GREAT MEMORIES AND FRIENDSHIPS TO LAST A LIFETIME. I HOPE YOU HAVE A WONDERFUL TIME DANCING WITH US AT HEART OF WORSHIP DANCE STUDIO.

THIS IS A STUDIO WHERE EVERY DANCER MATTERS AND WE HELP EACH DANCER BLOSSOM INTO THEIR FULL POTENTIAL BOTH ON THE STAGE AND IN THE REAL WORLD. IF YOU LOVE MUSIC ON THE RADIO, TRY JAZZ OR HIP HOP. IF YOU LIKE EVERYTHING TO BE PERFECT DOWN TO THE LAST DETAIL, I RECOMMEND - BALLET! FOR THOSE THAT LOVE STORYTELLING OR JUST NEED AN OUTLET FOR THEIR EMOTIONS, I SUGGEST MY FAVORITE - LITURGICAL. ARE YOU BRAVE? DO YOU LIKE COMPETING? THEN THE COMPETITION TEAM MAY BE A CLASS FOR YOU! WE WELCOME YOU TO TRY EACH CLASS OF YOUR CHOICE TO DETERMINE A PERFECT FIT AND I GUARANTEE THAT IF YOU LIKE MUSIC AND LOVE TO MOVE, WE OFFER A STYLE OF DANCE FOR YOU.

DANCE WILL TEACH YOU TO TRUST IN YOURSELF, TO WORK HARD TO REACH GOALS AND MOST IMPORTANTLY, YOU CAN TAKE IT WHEREEVER YOU GO.

WITH ALL MY LOVE -MS.PORCHA

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# OUR MISSION



**HOWDS ENRICHES THE LIVES OF YOUNG PEOPLE THROUGH THE ART OF DANCE; INSPIRING, EMPOWERING, MOTIVATING AND CREATING OPPORTUNITIES FOR YOUTH.**


- **TO GROW IN FAITH & SELF-DISCIPLINE.**
- **BUILD RESPECTIFUL, COMMITTED, HARD WORKING DANCERS AND POSITIVE ROLE MODELS.**
- **INSTALL SELF-CONFIDENCE, DETERMINATION AND DEDICATION**

**IT'S MORE THAN JUST THE ARTS HERE AT HEART OF WORSHIP DANCE STUDIO WE ARE TEACHING THEM HOW TO WIN IN LIFE!**

# Important Payment Information

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**Important Payment Information In order to reserve your space for any class, payment information is required in advance. Tuition is nonrefundable after attending one or more classes. Registration fees are non-refundable. Students may withdraw from enrollment at any time without a refund. Class tuition is collected via e-payment and is processed on the 1st of every month, You must have a credit card on file with the Studio for these payments. Payments received later than the 5th of the month will be charge a late fee of \$10 added to the account. The studio requires a 30 day cancellation notice, any fees due in that time period must be paid to keep family in good standing. We understand that life happens, and we here at Heart of Worship Dance Studio, require and suggest a high level of communication between parent/guardian and studio to alleviate any payment issues.**



# SHOWCASE

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Showcases are a major focus in dance class and a culmination of your dancer's progress over the dance term. This is your dancer's time to shine and be a star. Preparing for the dance recital is an exciting time of year. Students will work from February through June to master the steps for each of their dances so attendance is extremely important at this time of year.

On showcase day, students will also be expected to arrive in their showcase T-Shirt with stage makeup already applied and hair in place. Students will be given a curtain call time approximately 2 hours before the show and need to arrive promptly. All dancers will be required to stay for the entire show and will be released after the final bow and awards.

It is tradition for many parents to purchase flowers to give their dancer after the show. These will be available through the studio in an effort to simplify your day.

# ***Student Rules***

- 1) Only water in the classrooms**
- 2) Respect everyone**
- 3) Arrive on-time and in dress code**
- 4) Be positive and have fun!**

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- 5. Only the students taking class will be permitted in the dance room. (NO EXCEPTIONS)**
- 6. No Street Shoes! Dance footwear or bare feet/socks only.**
- 7. DO NOT touch the mirrors with your hands, feet or bodies.**
- 8. Respect the dance space, keep all trash and clothing off floors**
- 9. Respect others personal space! ((DO NOT Touch Others))**
- 110 No cell phones during class please set ringer to silent.**
- 12. No Running, Playing or Fighting.**
- 13. Respect All Staff**

**\*\*\*Please Note\*\*\***

**Failure to comply with any of these RULES may cause you to be removed from program.**

# ***PARENTS EXPECTATIONS***

**1. All Parents MUST Pick up child/student on time.  
(NO Exceptions)**

**2. ALL Parents Must participate with students  
Showcase fundraisers or Opt Fee \$50  
(This fee is for showcase only) Recital fee is \$150**

**3. ALL Parents Must attend Parents meetings.**

**4. Add our parent Facebook private group page.  
(Heart of Worship Dance Studio Parent Group)**

**5. To maintain efficient professional atmosphere  
please make appointments outside of class hours  
for questions and concerns please contact  
administrator Thelma Towner 810-282-5908.**

**6. All Parents must respect HOWDS Staff. No  
tolerance of disrespect family will be remove from  
program.**

**\*\*Please Note**

**It is imperative that these rules and expectations are followed to  
insure a positive, fair and effective environment.**

# ***Attendance & Time***

**Dance Studios are a team! Just as sports teams require all players to attend practices and games, dance studios require their dancers to attend all classes and rehearsals. Absences not only affect the individual dancer, but the Studio as a whole. Each dancer is allowed up to three (3) unexcused absences from Classes and rehearsals. \*Excused absences require prior approval from the director; advance notice of absence does not mean it is excused. The following are considered "excused" absences:**

- **Death in the family**
- **Scheduled school programs or performances required for credit**
- **Wedding or religious dedication of you or a member of your immediate family**
- **You have a serious illness or infection**
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**In case of injury or mild illness dancers may be subject to watching HOWDS class or rehearsal. These same rules apply to all other classes.**



# Competition Team

**HOWDS Comp Team helps promising dancers grow in their dance ability and learn camaraderie with teammates. Our goal is not to win but to constantly improve in dance and in character as individuals and as a team. Our team can be seen dancing at local competitions, nearby nursing homes and neighborhood/school events. These dancers are positive leaders throughout our community. Wholesome fun for all, appropriate music and dance moves. Ask about our next audition!**



# ***Dress Code***

**Why is there a dress code at HOWDS?**

**The simple uniforms make it possible for the faculty to see the student's bodies so they can make the appropriate corrections. Must wear to all classes . Every student must have HOWDS Class attire.**



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AGES 7-18  
BALLET&LITURGICAL-



AGES 3-6  
BALLET&LITURGICAL-



AGES 3-6 TAP



AGES 3-18 HIP-HOP



AGES 7-18 JAZZ

**SEE YOU IN DANCE CLASS!**



# STAY CONNECTED



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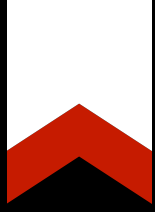
HEART OF WORSHIP DANCE STUDIO

**Location: W. Court Street Flint, MI 48503**

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**Email: [heartofworshipdancestudio15@gmail.com](mailto:heartofworshipdancestudio15@gmail.com)**

**Website: [www.howds.org](http://www.howds.org)**



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**2023-2024**

# **Goal Setting for Dancers**



**WHATS MY GOALS?**

**WHAT WILL I DO WHEN I  
ACHIEVE THIS GOAL?**

**WHAT STEPS CAN I TAKE TO ACHIEVE MY  
GOALS?**

**HOW WILL I FEEL WHEN I  
ACHIEVE THIS GOAL?**

**NOTE YOUR PROGRESS HERE!**

# **My Path His Purpose**

## **MY GIFT**

**WHAT IS GOD TELLING ME TO DO?  
WHO DOES GOD SAY I AM?  
WHAT IS MY PURPOSE?**

## **HIS GLORY**

**HOW DOES USING MY GIFT  
BUILD GOD'S KINGDOM?**

## **HIS WORD**

**GUIDING SCRIPTURE**

## **PURPOSEFUL PATH**

**WHAT DOES YOUR OBEDIENCE LOOK LIKE?  
WHAT DOES ALIGNMENT FEEL LIKE?**

## **INTERFERENCE**

**WHAT IS IN THE WAY?**





